

## **PCC Programs and Instructors: Occupational Health and Safety Introductory Module**

Whether you are newly integrating occupational health and safety content to your program, or are looking for different approaches to the material you are already delivering, this short module is intended to be an introductory start point for OHS teaching and learning.

Please feel free to use all of the content or to 'pick and choose' based on your program needs. If you are under tight time constraints within your curriculum we'd suggest a minimum of 4- 6 hours of health and safety content, with one or two activities from each section. If you are able to incorporate 8-15 hours of instruction, two to three activities from each section will provide an appropriate amount of content. Here are the suggested sections and sub-sections.

- Introduction to workplace health and safety
  - What is occupational health and safety?
  - Core principles of OHS
  - History of OHS and Nova Scotia workers and communities
  - Building a culture of workplace safety, and the business case for safety
- Your Safety Rights, Responsibilities and Nova Scotia Law
  - Nova Scotia's provincial OHS legislation (Applies to? Enforced by?)
  - The Internal Responsibility System and OHS rights and responsibilities
  - Canada's federal OHS legislation (where to find, and application to which industries)
  - Connections to other pieces of Nova Scotia legislation
- Hazard Identification and Control
  - Hazard classes and contributing factors
  - Hazard controls and control pathway
  - Reporting, assessment, inspections, investigations
  - Healthy work environments and the impact of unsafe/unhealthy work practices
- WHMIS, 1<sup>st</sup> Aid, and Emergency/Fire Safety
  - Workplace Hazardous Materials Information System (WHMIS) requirements and law
  - First Aid requirements and law
  - Fire Safety requirements and law
  - Discuss emergency response

The moodle also includes sections on health and safety partners and agencies in Nova Scotia, ergonomics, and a wide variety of resource sections. Mix and match your activities, content and assessment – occupational health and safety can be fun for you and your students!

For more information about this outline, suggested hours of instruction, or activities and evaluation, please contact Tracey Leary, Education Consultant, Workers' Compensation Board of Nova Scotia at [tracey.leary@wcb.gov.ns.ca](mailto:tracey.leary@wcb.gov.ns.ca) , 902-491-8109, or Patricia England, Education Development Officer, OHS Division of Labour and Advanced Education at [englanpc@gov.ns.ca](mailto:englanpc@gov.ns.ca) , 902-722-1433.